



Living better ageing well



Konferenza organizzata

mill-Assoċjazzjoni tal-Artrite u Rewmatizmu f' Malta
fl-okkażjoni tal-

JUM DINJI GĦALL-ARTRITE

Il-Ġimgħa, 10 ta' Ottubru 2014
fis-7.00 pm (reġistrazzjoni fis-6 pm)
Imperial Hotel, Sliema



ARTHROSIS - RHEUMATISM
ASSOCIATION MALTA

Għal aktar taġġirif ċempel
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World Arthritis Day Symposium

organised by ARAM with the theme

Living Better Ageing Well

Friday 10th October 2014

Imperial Hotel, Sliema

PROGRAMME

- 18:00 *Registration*
- 19:00 *Welcome by ARAM Chairperson*
Ms Josephine Camilleri
- 19:05 *Opening Address*
Prof. Carmel Mallia, Consultant Rheumatologist and Physician
- 19:10 *Living with Arthritis and Rheumatism - Overcoming the problems*
Dr. Franco Camilleri Vassallo, Consultant Rheumatologist and Physician
- 19:40 *Exercise in Arthritis*
Mr Alan Zammit, Physiotherapist and Director of Rehabilitation at Fortina Spa Resort, Physiotherapy Centre
- 20:00 *Overview of Self-Management Course for local Arthritis Sufferers*
Dr. Mariella Borg Buontempo, Consultant, Public Health Medicine, Head, Health Promotion and Chronic Diseases Unit, Health Promotion and Disease Prevention Directorate
- 20:10 *A Patient-Trainee perspective of the Self-Management Course*
Ms Marie Therese Camenzuli
- 20:20 *Patient-Attendee experience of the Self-Management Course*
Ms Miriam Borg
- 20:25 *Presentation of Certificates of Self-Management Course*
Ms Mary Vella, ARAM President
- 20:30 *Address by Hon. Christopher Fearn, Parliamentary Secretary for Health*
- 20:40 *Conference closure*
ARAM President
- A reception will follow.