**Winter Schedule**

**Beginners**

Term starting 13 September – 13 December 2014 (MONDAY 8 DEC PUBLIC HOLIDAY)

**Saturdays**

**Swimming (with Lorna/Bryan)**

@ the National Pool

From 1.30-2.30 (transport leaves at 1pm from Marsaxlokk ASC and returns at around 3.30pm)

**Tuesdays**

**Land training (with Bella)**

@ Marsaxlokk ASC

From 5 – 6.00pm

**Fee excluding land training (€50)**

**Fee including land training at Marsaxlokk ASC (€65)**

**Advanced**

Term starting 13 September – 13 December 2014

**Swimming (with Marina/Lorna)**

**Saturdays**

@ the National Pool

From 1.30-2.30pm (transport leaves at 1pm from Marsaxlokk ASC and returns at around 3.30pm)

**Mondays and Wednesdays**

@ the National Pool

From 5.00-6.00pm (transport leaves at 4.30pm from Marsaxlokk ASC and returns at around 7pm)

**Tuesdays**

**Land training (with Bella)**

@ Marsaxlokk ASC

From 6 – 7.00pm

**Fee for all sessions including land training at Marsaxlokk ASC (€90)**

**Fee for those who cannot make it for training during the week but can make it on a Saturday including land training at Marsaxlokk ASC (€65)**

**Please note that Land training is not optional for this group**

**OPTION- LAND TRAINING ONLY - €45 per term**